

Activity Schedule

Ages 4 to 12 years

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
10 am - 1 pm	MORNING ADVENTURES							
	Free Play Activities Open – Creation Station, Active Station, Snug, Craft Station, Game Station, Explorers Town							
10:30 am - 11:30 am	Waken with AWAKEN	Sunshine Stretch	Music Adventure	Salt Scrubs	Paint & Polish	Scent & Create	Dance Dash	Jump & Jive
11:30 am - 12:30 pm	Little Creators	Nature Canvas	Magic Calm Bottle	Mosaic Art	Tiny Picassos	Squishy fun	Eco Art	Pipe & Twist
1:00 pm - 2:00 pm	Lunch Service	Limited Availability						

2 pm - 6 pm	AFTERNOON ADVENTURES Free Play Activities Open – Creation Station, Active Station, Snug, Craft Station, Game Station, Explorers Town							
2:30 pm - 3:30 pm	Little Foodies	Fruit Roll Cake	Burrito	Fruit Crumble	Pizza Pockets	Cake Pops	Soft Tacos	Chocolate Chip Cookies
3:15 pm - 4:30 pm	Meet the Experts	Shark Diver (4 to 12 years)	Dolphin Trainer (6 to 12 years)	Sea Jellyfish (4 to 12 years)	Falcon Trainer (4 to 12 years)	Marine Vet (6 to 12 years)	Marine Educator (4 to 12 years)	Sea Lion (6 to 12 years)
4:30 pm - 5:30 pm	Active Explorers	Catch & Go	Balance Mania	Action Odyssey	Aim & Score	Mind In Motion	Adventure Dash	Find & Go
6:00 pm - 7:00 pm	Dinner Service	Limited Availability						

7 pm - 11 pm	EVENING ADVENTURES Free Play Activities Open – Creation Station, Active Station, Snug, Craft Station, Game Station, Explorers Town							
7:30 pm - 8:30 pm	Little Discoverers	Paper To Wonder	ReFab Art	Bubble Magic	Experimentopia	Artventure Lab	Graffiti Wall	Ice Excavation
8:30 pm - 9:30 pm	Energetic Explorers	Memory In A Frame	Flying Chase	Rainbow Rumble	Joyful Jumpers	FaceFlip Challenge	Paper Challenge	Teamwork Trail
9:30 pm - 10:30 pm	Showtime Showcase	Dancing With A Stars	Biggest Wow Moment	Explorers' Got Talent	Musical Playtime	Sing-Off	Trend Stars Battle	Pass The Beat

ACTIVITY THEME	DESCRIPTION
Waken with Awaken	Rise and shine with a serene morning of relaxation! Join the AWAKEN spa experts for spa-inspired activities that will leave you feeling fresh, rejuvenated, and ready for a day of adventure.
Little Creators	Let your imagination run wild! From painting to crafting, unleash your inner artist and create masterpieces you'll be proud to show off.
Little Foodies	Cook up some fun! Join our mini-chef classes to whip up tasty treats, discover new flavors, and learn healthy eating habits – yum!
Meet the Experts	Dive into an exclusive behind-the-scenes adventure! Meet our amazing team of aquarists, divers, falconer and caretakers, and discover the secrets of Atlantis' 65,000 marine animals and UAE birds of prey.
Active Explorers	Ready, set, play! Get your heart pumping with awesome outdoor games, sports, and challenges that will have you moving and grooving all day.
Little Discoverers	Adventure awaits! Dive into exciting explorations and uncover the secrets of nature, science, and the world around you through fun hands-on activities.
Energetic Explorers	Bring on the excitement! Engage in high-energy activities that will keep you laughing, playing, and having a blast with your new friends.
Showtime Showcase	Lights, camera, action! Step into the spotlight and let your talents shine. Whether it's singing, dancing, or acting, this is your moment to dazzle and delight!